



Thursday 21 February 2019

Pre-conference seminars

For: Doctors registered in the Conference

Timetable: 10:00 – 14:00 hours

Price: Included in the conference registration fee

More information

Telephone: 932 388 777

E-mail: seme2019@pacifico-meetings.com

Registration form: [Access](#)

1. 10:00 – 14:00 Anaesthesia and resuscitation in Aesthetic Medicine

Dr. Cristina Sánchez

Moderator: Dr. Miguel Aragón

10:00-10:15 Course presentation

10:15-11:30 Local Anaesthetics

10:15-10:20 Introduction: Preliminary concepts. History review.

10:20-10:35 Pharmacology: Chemical Structure. Pharmacokinetics. Local Anaesthetics characteristics. Action mechanisms. Clinical action determinants: bicarbonate and vasoconstrictors.

10:35-10:45 Toxicity: Causes. Toxic dosage of local anaesthetics. CNS toxicity, cardiovascular and allergies. Prevention and treatment.

10:45-11:35 Clinical application in Aesthetic Medicine: Most widely used local anaesthetics. Topical anaesthesia. Infiltration anaesthesia. Facial nerve blocks. Other nerve blocks. Illustrative videos.

11:35-11:45 Doubt solving, question and answer session

11:45-12:15 Break

12:15-12:40 Sedation in Aesthetic Medicine: Preliminary concepts. History review. Pre-medication. Benzodiazepines. Fasting. Nitrous oxide use. Procedures in aesthetic medicine and sedation.

12:40-13:20 Basic Cardiopulmonary Resuscitation (CPR) in aesthetic medicine: Monitoring, equipment and basic medication for CPR. Emergency situation management in an aesthetic medicine clinic. Practical examples.

13:20-13:30 Course conclusions. Main topics summary.

11:35-13:40 Doubt solving, question and answer session

13:40-14:00 Final evaluation



2. 10:00 – 14:00 Ultrasound scan applied to Aesthetic Medicine (AM)

Dr. Ricardo Aguiló and Dr. Susana Bordegaray

Moderator: Dr. Paloma Tejero

10:00-10:05	Presentation
10:05-10:20	Basic concepts of ultrasound scans Dr. Dr. Susana Bordegaray
10:25-10:40	Skin and cutaneous annexes basic ultrasound Dr. Ricardo Aguiló
10:40-10:55	Fatty tissue and panniculosis. Ultrasound benefits. Dr. Dr. Susana Bordegaray
11:00-11:15	Fillers, behaviour and complications. Ultrasound Dr. Ricardo Aguiló
11:15-11:30	Complications in dermal fillers. Imaging diagnosis Dr. Susana Bordegaray
11:45-12:00	Break
12:00-12:15	Skin ageing ultrasound Dr. Ricardo Aguiló
12:15-12:40	Submental region evaluation via ultrasound and MR Dr. Ricardo Aguiló Dr. Susana Bordegaray
12:45-13:45	Practice with ultrasound machine. Familiarisation with equipment. Practice
13:45-14:00	Case presentation and questions. Prize <i>(Prize winners draw: two participants with all right answers)</i>

3. 10:00 – 14:00 Dermatoscopy

Dr. Javier Quintana

Moderator: Dr. Lourdes Martín

10:00-10:15	Dermatoscopy: techniques and instruments
10:15-11:00	Dermatoscopic parameters
11:00-11:30	Melanocytic lesion criteria: Two-stage method
11:30-12:00	Non-melanocytic lesion criteria: Seborrheic Keratosis. Angioma. Dermatofibroma. Basal-cell carcinoma
12:00-12:30	Melanoma dermatoscopic diagnosis
12:30-13:00	Facial lesion dermatoscopy
13:00-13:30	Benefits of dermatoscopy in Aesthetic Medicine
13:30-14:00	Interactive clinical cases

4. 10:00 – 14:00 Emergencies

Dr. Antonio Montero García

Moderator: Dr. Concha Fuentes

Workshops:

1.- Fainting at an Aesthetic Medicine clinic. When not all is what it seems.



- 2.- Anaphylaxis How to treat it? What is the profile of the aesthetic medicine patient who could suffer from anaphylaxis?
- 3.- Ischemic cardiopathy diagnosis and basic treatment measures at the clinic.
- 4.- Local anaesthetic intoxication.

More information and registration

Telephone: 93 368 54 54

E-mail: secretaria@seme.org

CONFERENCE AGENDA

13:00-15:00 [Documentation hand-out](#)

15:00-15:30 Auditorium 1

[Official inauguration](#)

15:30-15:40 Auditorium 1

[Presentation of the book "Danger zones in facial aesthetic medicine and surgery"](#)

Dr. Jorge Garcia

15:40-15:45 Auditorium 1

[Presentation of the development of the Solidarity Project Prize \(NGO\) 2018](#)

Dr. Carmen Fernández and Dr. Jovanka Manojlovic

Moderators: Dr. Petra M^a Vega and Dr. Juan A. López

15:45-16:30 Auditorium 1

[Inaugural session:](#)

Moderators: Dr. Petra M^a Vega and M. Carmen López-Marín

16:30-18:30 Auditorium 1

[SESSION 1: FACIAL I: Toxins and fillers: updates](#)

Moderators: Dr. Fernando García-Monforte and Dr. Andrej Ignaciuk

The CPA (Centripetal Progressive Approach) method for patient evaluation and subsequent three step facial approach for facial rejuvenation with NASHA gels

Dr. Francesca De Angelis

How to prevent complications when using the botulinum toxin

Dr. Eva Guisantes

Toxin: challenging cases with botulinum toxin A. My personal approach

Dr. Nowel Solish

How fillers affect animation



Dr. Nowel Solish

Minimally invasive procedures for gummy smiles

Dr. Ángel Ruiz Norro

Approach to Hyperhidrosis

Dr. Nowel Solish

How has the use of botulinum toxin changed in aesthetic medicine?

Dr. Andrzej Ignaciuk

16:30-18:30 Conference hall 1

SESSION II: Free communications

Moderators: Dr. José R. Cabo, Dr. Justo Alcolea and Dr. Hernán Pinto

- C1 Therapeutic plan validation for melasma treatment.
Víctor García-Guevara
- C2 Logical sequence for “marionette lines” treatment. Leonor Lemmo
- C3 Simultaneous Follicular Unit Extraction (FUE) hair transplant. Traditional hair transplant technique modification in the interest of follicular survival. Laura Caicedo
- C4 Carboxytherapy for treating abdomen and thigh adiposity: systematic review and meta-analysis. Ivonne Milena
- C5 Three-dimensional facial diagnosis and analysis. Lisandro Farollch
- C6 Facial ageing. Rosana Hernández
- C7 Skin hyper-pigmentation treatment with tranexamic acid applied topically and transepidermally, after treatment with depigmentation cream with no hydroquinone.
Ignacio Ordiz
- C8 Hyaluronic acid used for upper eyelid rejuvenation. Raquel Lapuente
- C9 Tissue repositioning and re-densification with Aptos Excellence Visage reabsorbtion threads. Key factors for safety and effectiveness. Valentyna Taratunska
- C10 Searching for the ideal lifting threads composition. Montserrat Ponga
- C11 Hair transplant. Current situation analysis though 200 case studies. Emma Iglesias
- C12 Miraculous diets. Beatriz Valero
- C13 Complications after permanent fillers. Neverending story? Waldemar Jankowiak
- C14 New Generation Fillers. Nicola Zerbinati
- C15 Fatty tissue treatment with low frequency and high intensity ultrasound. Results measured with nuclear magnetic resonance. Tomás Zamora

16:30-18:30 Auditorium 2

SIMPOSIUM I: INDIBA

Moderator: Dr. Ana R. González

Deep Care: Tissue regeneration in medical and cosmetic applications.

RF 448 kHz. New evidence in tissue regeneration: updates.

INDIBA medical department

What does basic molecular research bring to the mechanism of action understanding. The researcher's perspective.



Dr. Alejandro Úbeda

Aesthetic gynaecology pilot study results. The Gynaecologist's perspective.

Dr. Jackie Calleja

18:30-19:30 Inaugural cocktail by Mesoestetic®

19:30-20:30 Auditorium 1

Ordinary General Assembly of SEME members

Friday 22 February 2019

09:00-11:00 Auditorium 1

SESSION II. Vascular Aesthetic Medicine

Moderators: Dr. Maya Gracia and Dr. Justo Alcolea

Current C1 sclerotherapy microfoam indications

Dr. Luc Moraglia

Indications, efficiency and safety update in the combination of C1 microfoam and percutaneous laser treatment

Dr. Justo M. Alcolea

The value of the ultrasound-guided C1 sclerosing treatment

Dr. Javier Pérez Monreal

Complex varicose veins case management

Dr. Agustín Arroyo

Compression therapy: types, indications and controversies

Dr. Maya Gracia

Present use of glue in phlebology

Dr. Miguel Ángel González Arranz

Current consensus regarding complication prevention in the field of sclerotherapy

Dr. Fidel Fernández

Updates of the treatment of sclerotherapy complications

Dr. Lourdes Reina

09:00-11:00 Auditorium 2

SIMPOSIUM 2: MERZ PHARMA

Moderator: Dr. Inma González

New approaches on lip enhancement. Bright lips technique with Belotero Lips. Shape and Contour

Speakers:



Dr. Kate Goldie
Dr. Daniel Arenas
Dr. Marjorie Garcerant
Dr. Javier Murillo
Dr. Carlos Morales

09:00-10:00 Conference hall 1

WORKSHOP 1: INDUSTRIAL FARMACÉUTICA CANTABRIA

Moderator: Dr. Mercedes Eguiluz

Cantabria Labs integral skin approach : ZO Controlled Depth Peel and pre and post treatment techniques

Dr. Jose Luis Latorre
Dr. María Vitale

10:00-11:00 Conference hall 1

WORKSHOP 2: LABORATORIOS GALDERMA

Moderator: Dr. Mercedes Eguiluz

11:00-11:30 Coffee break

11:30-13:30 Auditorium 1

SESSION IV. Past, present and future of intradermal therapy (mesotherapy)

Moderators: Dr. Carmen Fernandez and Dr. Mariano Vélez

Mesotherapy/Intradermal therapy: general information and evolution

Mesotherapie-intradermoterapie: généralités et évolution

Dr. Giuseppe Iuvara

Study of skin MRI and mesotherapy technique evolution

Dr. Jean Pierre Martin

What mesotherapy predicted

Dr. Ignacio Ordiz

Intradermal therapy: What and what not to do

Dr. José Folch

Mesotherapy in venous insufficiency/cellulite

Dr. Enrica Maggiori

Mesotherapy in Italy

Dr. Massimo Mammucari

11:30- 13:30 Auditorium 2

SIMPOSIUM 3: ALLERGAN



Moderator: Dr. Nazaret Romero

What do your patients want? Taking beauty a step further

New trends in beauty

Pending confirmation

Diagnosis as the key to success

Dr. Tapan Patel

Face anatomy. Men Vs. Women

Dr. Fernando Urdiales

Injection retransmission

Dr. Tapan Patel

11:30-12:30 Conference hall 1

WORKSHOP 3: SINCLAIR PHARMACEUTICALS

Moderator: Dr. Elisabeth Valencia

Patient profile and advantages of treatment with Ellansé and new protocols for treatment with Silhouette Soft

Dr. Francisco de Melo

12:30-13:30 Conference hall 1

WORKSHOP 4: HANS BIOMED

Moderator: Dr. Elisabeth Valencia

Bilateral injection technique for male and female rejuvenation

Dr. Alp Mamak

13:30-15:00 Lunch break

15:00-17:00 Auditorium 1

SESSION V. Medical and aesthetic facial skin alteration treatments

Moderators: Dr. Alberto Morano and Dr. José Manuel Miralles

Approaching couperosis

Dr. Amparo Rodríguez

Integral approach for acne vulgaris

Dr. David Romero

Melasma updates

Dr. Marta Redondo

Therapeutic developments and challenges regarding acne

Dr. José Luis López-Estebaranz

Biophotonic therapy for acne, rosacea and rejuvenation

Dr. Cristina Eguren

Complications in aesthetic medicine – multidisciplinary procedures – a new trend

Dr. Ewa Skrzypek



Debate

15:00-17:00 Auditorium 2

SIMPOSIUM 4: TEOXANE

Moderator: Dr. Neus Tomás

Volumizing solutions: Masculook and Lift & Contour

Moderator: Dr. Manuel Lozano

Introduction: Anatomy and approach to Volumizing

Paula Rosso

Masculook

Dr. Sina Djalaei

Feminine lift & contour

Dr. Gema Pérez Sevilla

Round table

Questions

15:00-16:00 Conference hall 1

WORKSHOP 5: REAL LASTING

Moderator: Dr. Pilar Garcia-Las Heras

PRX reverse peel: progressive melasma treatment

PRX-T lady: intimate part no-needle bio-revitalization

Dr. Natalia Ribé

16:00-17:00 Conference hall 1

WORKSHOP 6: IT PHARMA

Moderator: Dr. Pilar Garcia-Las Heras

Inbiotec Amber

“A new concept in mesotherapy”

Discovering the advantages of succinic acid

Speaker: Dr. Jose Luis Latorre

17:00-17:30 Coffee break

17:30-19:30 Auditorium 1

SESSION VI. Laser and physical techniques

Moderators: Dr. Fernando Urdiales and Dr. Rafael Serena

Vascular laser complications: how to avoid them

Dr. Pablo Boixeda

Photodamage and volume loss. How to carry out and regulate both treatments during the same session.

Dr. Fernando Urdiales

Periocular area management with ablative and non-ablative phototherapy



Dr. Sandra Martín Sánchez

New technologies in skin rejuvenation: LEDs, fractional RF and HIFUs. When to use each technique

Dr. Pablo Naranjo

Analytic changes in heavy metals after laser tattoo removal

Dr. M^a Ángeles Raya

Analysis of the effectiveness of the HiFu versus HiFu plus PRP treatment of the lower face and eyebrows

Dr. Paweł Surowiak

CO2 laser labioplasty, my experience

Dr. Ana Sousa

17:30-19:30 Auditorium 2

SIMPOSIUM 5: SEBBIN

Moderator: Dr. Emilce Insua

STRETCHING: New concept in the treatment of dynamic wrinkles with latest generation hyaluronic acid, VISCODERM® HYDROBOOSTER

Speakers:

Dr. Cristina Arruabarrena

Dr. Cristina de las Heras

Dr. Luis de Sola

Dr. Carlota Hernández

Dr. Carmen Pérez Ballesteros

Dr. Moisés Rodríguez Abascal

17:30-18:30 Conference hall 1

WORKSHOP 7: MEDICALIO

Moderator: Dr. Leida Rojas

The power of enzymes in aesthetic and medical treatments

Dr. Norma Reyes

17:30-19:00 Conference hall 2

POSTER SESSION

Moderators: Dr. José R. Cabo, Dr. Justo Alcolea and Dr. Hernán Pinto

P1 From gold to PDO. The use of threads in facial rejuvenation. Leonor Lemmo

P2 Small lesion removal in the periorcular area. Concepción Romero

P3 Iatrogenic allogenosis, the dangers of biopolymer use. Ariel Martín

P4 Facial contouring with hyaluronic acid and botulinum toxin, practical approach. Lisandro Farolch

P5 Peripheral facial palsy treatment with botulinum toxin. Ramón Antonio Fernández

P6 Hyaluronic acid and cicatrization. Rosana Hernández



- P7 Upper blepharoplasty. The importance of ROOF. Rosana Hernández
- P8 Facial mesotherapy in menopausal skin. Split face study of face elasticity improvement. Enrique Lorente
- P9 Evaluation of the effects of Cryptomphalys aspersa secretion (SCA) 40% intensive treatment after the use of non-ablative fractional laser treatment for skin ageing. María Vitale
- P10 Clinical evaluation of the Biretix Triactive treatment for mild acne management in adult women. Azahara Pérez
- P11 May Three (may3) Moisturising. Esther Mayol
- P12 My experience in androgenic alopecia treatment in men and women. Xenia Vorobieva

18:30-19:30 Conference hall 1

WORKSHOP 8: SUITABLE TRHEADS/SELLAESTHETIC

Moderator: Dr. Leida Rojas

Suitable lifting threads: experience with tissue repositioning

Dr. Montserrat Ponga

Saturday 23 February 2019

09:00-11:00 Auditorium 1

SESIÓN VII. Integral approach to hyperhidrosis

Moderators: Dr. Manuel Prieto and Dra. Virtudes Ruiz

Hydrolifting: use of reconstituted hyaluronic acid filler to repair and technique strengthening

Dr. Juan López

Hyperhidrosis: concept, epidemiology, classification and quality of life

Dr. Diego del Ojo

Topical, pharmacological and botulinum toxin treatments

Dr. Rubén del Río

Treatment with medical devices: iontophoresis, RF and others

Dr. Jose Luis López Estebanz

09:00-11:00 Auditorium 2

SIMPOSIUM 6: CROMA ESTÉTICA

Moderator: Dr. Julián Conejo-Mir

Symposium Croma is more

From aesthetic medicine to people and team management

Croma is More

Maria Cudeiro



The key to success in aesthetic medicine. People management

Norbert Monfort

Cosmetic innovation. Treatment customisation

Dr. Maria Eugenia Aranda

AH innovation. SAYPHA®: A new AH concept

Dr. Juan Lopez

PDO innovation. What is new? My best Minilift

Dr. David Romero

09:00-10:00 Conference hall 1

WORKSHOP 9

Moderator: Dr. Gemma Padilla

10:00-11:00 Conference hall 1

WORKSHOP 10: FILLMED BY FILORGA

Moderator: Dr. Gemma Padilla

Conceptual Art

Chairman: Dr. Javier Anido

Wellcome to FILLMED

Natalia Rus

Art Contouring

Dr. Eva Guisantes

Full Face 2.4

Dr. Frederic Braccini

Bionutrilips

Dr. Javier Anido

The universality of Univeral's Art Filler

Dr. Cristina Arruabarrena

Lower eyelid bio-revitalization using the multi-injection technique

Dr. Sergio Fernández Mesa

The ageing process from a sculptor's perspective- FREDANGE

11:00-11:30 **Coffee break**

11:30-13:30 Auditorium 1

SESSION VIII: Aesthetic doctor defence in judicial, administrative and bar proceedings

Moderators: Dr. Mercedes Campoy and Ms. Rosa Rodriguez

Deontological complaints. Procedure and resolution

Mr. Josep Arimany

"Off-label" drugs use

Sr. Roger Bruguera

Useful tips to avoid medical lawsuits

Dr. Rubén del Río



Judicial proceedings in lawsuits and/or complaints brought against aesthetic doctors
Magistrate Jose M^a Macías Castaño

Complaints about health services. Ministry of Health procedure
Dr. Isabel Andújar

Complications after aesthetic medicine procedures performed by non-physicians- case review, analysis of the legal situation in Poland
Dr. Piotr Szelewski

Debate: Legal evaluation of practical cases

11:30-13:30 Auditorium 2

SIMPOSIUM 7: BIOXIS

Moderator: Dr. Francisco Morales

Cytosial de Bioxis range. Velvet technology at the service of beauty

Dr. Wolfgang Redka

11:30-12:30 Conference hall 1

WORKSHOP 11: FILLMED BY FILORGA

Moderator: Dr. Marta Serna

Conceptual Art

Chairman: Dr. Javier Anido

Welcome to FILLMED

Natalia Rus

Art Contouring

Dr. Eva Guisantes

Full Face 2.4

Dr. Frederic Braccini

Bionutrilips

Dr. Javier Anido

The universality of Univaler's Art Filler

Dr. Cristina Arruabarrena

How to implement these treatments at the clinic

Lower eyelid bio-revitalization using the multi-injection technique

Dr. Sergio Fernández Mesa

The ageing process from a sculptor's perspective - FREDANGE

12:30-13:30 Conference hall 1

WORKSHOP 12: ALMA LASER

Moderator: Dr. Marta Serna

The face is the mirror of the soul

Natural results in customised facial treatments.

Practical cases: My formula for this patient

Speakers:



Dr. Javier Anido
Dr. Isabel Bové
Dr. Juana Deltell
Dr. Iratxe Díaz
Dr. Pablo Naranjo
Dr. Rafael Serena

13:30-14:30 Lunch break

14:30-16:30 Auditorium 1

SESSION IX. Well-being medicine. Exercise, sex, happiness, diet, rest and relaxation.

Moderators: Dr. Manuel Sánchez and Dr. Concha Obregón

Exercise: Physical activity for health. Dr. Dora Romaguera

Sex: The pleasure of health. Dr. Carlos San Martin

Looking at yourself to love yourself more. D. Andrea Vilallonga

Bioidentical hormones, maintaining well-being and health. Dr. Adriana Landazábal

Sleep, source of beauty. Dr. Eduardo Estivill

14:30-16:30 Auditorium 2

SIMPOSIUM 8- SEME: Regenerative medicine?

Moderator: Dr. Jaime Tufet and Dr. José Serres

Stem cells: from the lab to the clinic

Dr. David Vázquez

3D bioprinting of human skin: Clinical applications and future

Dr. Jose L. Jorcano

Plasma rich in growth factors, gel form: Filler and immediate wrinkle regeneration

Dr. Pedro Heredia

From Microfat to Nanofat grafting in facial rejuvenation

Dr. José M^a Serra-Mestre

Stem cells, fibroblasts and PRP in facial rejuvenation

Dr. Vladimir Tsepko

Platelet-rich plasma (PRP) and Platelet-rich fibrin (PRF) – what is new and where are we going?

Dr. Kamila Padlewska



14:30-15:30 Conference hall 1

WORKSHOP 13

Moderator: Dr. Henrique Machado

15:30-16:30 Conference hall 1

WORKSHOP 14: YSONUT

Moderator: Dr. Henrique Machado

Dermovance M

Dr. Carlos Jarne

16:30-18:30 Auditorium 1

SESSION X. Filler properties, interactions and ultrasound patterns

Moderators: Dr. Sofía Ruiz del Cueto and Dr. João Vale

Rheology and its clinical applications

Dr. Hadjab Basste

Ultrasound body imaging Am I fat or sick?

Dr. Francisco De Cabo

Facial critical points ultrasound

Dr. Ricardo Aguiló

10 years of ultrasound scans boosting aesthetic medicine

Dr. Isabel Bové

Straight polylactic acid thread treatment: final prospective study

Dr. Justo Alcolea and Dr. Jorge García

How to chose a hyaluronic acid in aesthetic medicine

Dr. Paloma Tejero

16:30-18:30 Auditorium 2

SIMPOSIUM 9- SEME: An introduction to Aesthetic Medicine

Moderators: Dr. Juan A. López and Eduardo Gil

The Mediterranean diet: Facial health and beauty

Dr. Diogo Figueiredo Gonçalves

Initial approach and planning for facial treatment depending on the ageing stages

Dr. Alberto Candau

Botulinum toxin: how to earn the trust of a patient with good results and avoid secondary effects or bad results. Loyalty

Dr. Fernando García-Monforte



Fillers: what treatments are more successful or valued by patients, assuring their loyalty in return

Dr. José Manuel Fernández

Going back to the essence of peeling. Tricks an aesthetic doctor should know

Dr. Enrique Fernández

Physical therapies in aesthetic medicine: what equipment we should introduce first and what machinery we should invest in afterwards.

Dr. José Manuel Miralles

18:30-19:00 Auditorium 1

Closing Conference

Moderator: Dr. Petra M^a Vega and M^a Carmen López-Marín

Aesthetic medicine and oncology. Dr. Pilar Rodrigo

19:00 Auditorium 1

Official closing

21:00 Conference dinner and Prize ceremony